

Guidance and Counseling Resources @ MCCE

Content Strand: Academic Development

Big Idea 4: Applying Skills Needed for Educational Achievement

Concept: *Life-long Learning*

C&E DVD ROM 63.2

What's School Got to Do With It?

Human Relations Media

MOUNT KISCO, NY, HUMAN RELATIONS MEDIA, 1994.

DVD ROM — This program features students talking about their career aspirations and their views on education. Each interview is juxtaposed with a profile of an accomplished professional working in the field that the student aspires to. This program helps the viewer better understand the correlation between the life skills learned in school and those applied in the workplace. Grades 7-12. Includes teacher resource guide. 30 minutes.

C&E DVD ROM 63

Connect the Dots: How School Skills Become Work Skills

Human Relations Media

MT. KISCO, NY, HUMAN RELATIONS MEDIA, 2006.

DVD ROM — This program helps answer the question "why do I need to learn this?" by exploring the connection between what one learns in school and what employees do at work. Looks at a group of five basic school-to-work skills: personal self-management; creative thinking, computer literacy, communications, and reading, writing, arithmetic (basic literacy skills). Explores how school skills contribute to a person's ability to think critically and solve problems, and how mastering these skills in school help make for a successful career. Helps motivate students to tackle tough subjects even though their careers may be well into the future. Grades: 6 - 8. 16 minutes.

E DVD ROM 22

Algebra in the Real World

The Futures Channel

BURBANK, CA, THE FUTURES CHANNEL, 2010.

DVD ROM — This program is designed to show students the excitement, the power, the range and the results of the applications of algebra in fascinating career fields. From astronomy to forestry, sports equipment design to saving endangered species, alternative energy to farming, algebra is shown in its vital role as the tool that allows us to create, to understand, and to improve our world. Includes algebra curriculum connections, and correlations to the Common Core Mathematics Standards. DVD includes the following movies: Aquarium Makers; Building & Testing Wheels; Designing Stronger Skateboards; Engineering Faster Bikes; First One in the Ballpark; The Forester; Landscape Architects; The Lundberg Farms; Maglev Trains; Reliable Robots; Roller Coasters; Saving the Bald Eagle; Solar Energy: Photovoltaics; The Starshade; Structural Engineering; Testing the Robotic Hand; The Wind Business; Windsails.

Concept: *Self-management for Educational Achievement*

G&C DVD ROM 93

Stay In School: How To Make Good Decisions

Sunburst Visual Media

PLAINVIEW, NY, SUNBURST VISUAL MEDIA, 2008.

DVD ROM — A group of middle schoolers are faced with important decisions about cutting school, getting extra credit to improve their grades, experimenting with drugs, and making friends with kids who don't share their values. The teens learn how talking to an adult, considering their values, and thinking through consequences can help when making important decisions. Grades 5-9. 19 minutes.

G&C DVD ROM 92

Stay In School: Setting Goals For Success

Sunburst Visual Media

PLAINVIEW, NY, SUNBURST VISUAL MEDIA, 2008.

DVD ROM — Three stories show viewers how using goal-setting skills can help them succeed in school academically and socially. By setting realistic goals, reevaluating a plan, and engaging the help of a teacher, the students in these vignettes share success. Grades 5-9. 17 minutes.

G&C DVD ROM 36

Drop-out Prevention: How To Set Goals

The Bureau For At-Risk Youth

WILKES-BARRES, PA, THE BUREAU FOR AT-RISK YOUTH, 2007.

DVD ROM — Four-part series follows a group of high school students who face problems that often lead to dropping out of school. Dramatizations show how making good decisions, setting goals, establishing healthy relationships, and using available school and community resources to deal with family problems can help teens stay in school and graduate. Four programs can be presented as an on-going drama, or used on its own. Includes leader's guide.

C&E DVD ROM 59

Get Organized! Managing School, Life, and Fun

Cambridge Educational

LAWRENCEVILLE, NJ, CAMBRIDGE EDUCATIONAL, 2006.

DVD ROM — This video teaches young people the value of personal management skills, and provides tips and strategies for getting organized in several key areas: living space, school materials, study time, extracurricular activities, and social life. 23 minutes.

G&C DVD ROM 90

Study Skills

Discovery Education

HAMILTON, NJ, CAMBRIDGE EDUCATIONAL, 2001.

DVD ROM — This program follows the day-to-day activities of Jim, a teenager trying to improve his study skills. With amusing dramatizations, the program transports viewers inside Jim's mind to show how different parts of the brain influence the way he stores and processes information. Students will learn how to maximize and balance the strengths of the left and right sides of the brain, and will gain insight into the importance of motivation, study schedules, stress relief, note-taking, and more. 24 minutes.

G&C DVD ROM 91**Study Smarts! Skills & Strategies for Top Grades**

LINX Educational Publishing, Inc.

JACKSONVILLE BEACH, FL, LINX EDUCATIONAL PUBLISHING, INC., 2004.

DVD ROM — Study skills are something we learn - from experts with know-how-and proven techniques. This program shows the viewer how to keep calm during test, manage time, and put technology to work. From writing essays to taking notes, learn the secrets of how to study! Grades 7 through adult. 26 minutes.

SN 10.0202 D183**Study Strategies Made Easy: A Practical Plan for School Success**

Leslie Davis, Sandi Sirotowitz, Harvey C. Parker

PLANTATION, FL, SPECIALTY PRESS, INC., 1997.

BOOK — Designed to help teach students in grades six through twelve how to learn, which is the true key to acquiring knowledge. Strategies focus on organization skills, time management, improving reading comprehension, vocabulary development, communication, how to study for tests effectively, memorization and more. Grades 6-12.

C&E DVD ROM 29**My Brand New Life: School's Out**

Film Ideas, Inc.

WHEELING, IL, FILM IDEAS, INC., 2005.

DVD ROM — Three students swap duties for a day with a teacher, principal and school janitor. Sometimes funny, sometimes serious, all three youngsters get a wake-up call with their new experiences. Grades 5 - 9. 23 minutes.

Big Idea 5: Applying the Skills of Transitioning Between Educational Levels**Concept: *Transitions*****G&C DVD ROM 70****Making the Most of Middle School**

Human Relations Media

MOUNT KISCO, NY, HUMAN RELATIONS MEDIA, 2010.

DVD ROM — This documentary style program challenges middle school students to start thinking about their academic futures. Encourages viewers to explore extracurricular activities, do volunteer work, assess their values and interests, think about possible future goals, and most importantly, understand that middle school academics need to be the number one priority for high school preparations. Grades 5-9. Includes teacher resource guide. 19 minutes.

G&C DVD ROM 19.3**The Power of Expectations**

CWK Network

ATLANTA, GA, CWK NETWORK, 2004.

DVD ROM — Expectations of parents, teachers, and peers all influence kids--in sports, school and all of life. This program helps get students talking about what everyone seems to expect for their future, and what they should expect for themselves. Grades 4-12. 23 minutes.

Big Idea 6: Developing and Monitoring Personal Educational Plans

Concept: *Educational Planning for Life-long Learning*

C&E 20.0101 L216

Senior Strategies: Preparing Students for Postsecondary Success & Beyond

Max Peterson

OWATONNA, MN, LEARNING ZONE EXPRESS, 2007.

BOOK — This curriculum contains advice, checklists and ideas to help high school seniors with the transitions they are now facing. Topics covered include: teaching them how to set realistic goals, reduce their stress, create a five-year plan, survive roommates and dorm life and develop skills in organization, budgeting and studying. Designed to help prepare high school seniors for Postsecondary success.

C&E 10.0050 CDJS24

Creating Your High School Portfolio: A Guide for Documenting and Planning Your Education, Career, and Life, Third Edition

The Editors @ JIST

INDIANAPOLIS, IN, JIST PUBLISHING, 2009.

BOOK — Student guide for planning and documenting their education and future. Worksheets and activities take students through self-assessment, education and career planning, and portfolio development (including electronic portfolios). Shows how to create a unique portfolio that showcases performance, special skills, course accomplishments, and other successes. Students also learn how to begin a professional portfolio. Can be used as a complete curriculum or as part of a course or program that includes portfolio development.

G&C 32.0101 W142

Unfocused Kids: Helping Students To Focus On Their Education and Career Plans

Suzy Mygatt Wakefield

AUSTIN, TX, PRO-ED, 2004.

BOOK — This book provides a hands-on resource for all kinds of educators with an effort to help students with their plans after high school. Resource for school counselors, career specialists, classroom teachers, administrators, curriculum directors, career and technical education directors and school board members. Presents a broad variety of career guidance ideas, suggestions, resources, and programs. Includes an example of how to use the ASCA National Standards as a guideline for teaching career planning skills.